

A DROP-IN BEREAVEMENT GROUP:

Emotional and Spiritual Tools for Coping with Loss

*A Bereavement Group Co-Sponsored By
Plaza Jewish Community Chapel and 92NY*

THE 1ST AND 3RD
TUESDAYS OF THE MONTH*
ON ZOOM, 6 - 7:30PM

Facilitated by Rabbi Amy Bolton, BCC and Amber Keinan, LMSW

Open to all seeking support and growth in grief, this zoom-led bereavement group integrates psycho-emotional and spiritual perspectives and tools for coping. Sponsored by Plaza Jewish Community Chapel in collaboration with LifeStorms, a project of Amber Keinan PLLC and Amy Bolton LLC.

For additional information and Zoom link,
please contact amber@lifestorms.co or 917-833-8081

*Date Exceptions for January - February 2023:
1/31; 2/14 then back to regular schedule - 3/7 & 3/21; 4/4 & 4/18

